



JAOUAD ACHAB

PROFESSIONAL TAEKWONDO ATHLETE

Profile

I am a professional Taekwondo athlete of Belgium national & olympic team. I've been competing & performing at the highest level of our sports, as well as I'm known for my activities on social media as I love sharing my knowledge, experience & TKD passion with others.

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ACHIEVEMENTS

MAJOR COMPETITIONS :

- 2014 European Champion - Baku (Azerbaijan)
- 2014 Vice Grand Prix champion - Manchester (UK)
- 2015 World Champion - Chelyabinsk (Russia)
- 2015 Universiade Games Champion - Gwangju (Korea)
- 2015 Bronze medal at Grand Prix Final - Mexico City (Mexico)
- 2016 European Champion - Montreux (Switzerland)
- 2016 5th place at the Olympic Games - Rio De Janeiro (Brazil)
- 2016 Vice Grand Prix Final champion - Baku (Azerbaijan)
- 2016 Bronze medal at Team World Cup - Baku (Azerbaijan)
- 2017 5th place World championships - Muju (Korea)
- 2019 European Champion - Bari (Italy)
- 2019 Bronze medal at World Championships - Manchester (UK)
- 2020 Bronze medal at European Championships - Sofia (Bulgaria)
- 2020(1) 9th place at the Olympic Games - Tokyo (Japan)
- 2022 5th place at European Championships - Manchester (UK)
- 2022 9th place at World Championships - Guadalajara (Mexico)

RANKINGS

- Former ranked number #1 in the World ranking
- Former ranked number #1 in the Olympic ranking

INTERNATIONAL G-TOURNAMENTS

- Spanish Open - Gold medalist
- Belgium Open - Gold medalist
- Bulgaria Open - Gold medalist
- German Open - Gold medalist
- Sweden Open - Gold medalist
- Egypt Open - Gold medalist
- UAE Open - Gold medalist
- Swiss Open - Gold medalist
- Serbia Open - Gold medalist
- Greece Open - Gold medalist
- Moldova Open - Gold medalist
- ...

ROLES

- Captain of Belgium national team
- Ambassador of Belgian Olympic Committee
- World Taekwondo athletes representatives

SKILLS & EXPERIENCES

- Coach experience in several training camps
- High ability speaking multiple languages as French, Dutch, Arabic, Spanish & English.
- Certified social media expert with more than +200K followers from all around the world.